

# Info Pack

MAD for Europe in Madrid is pleased to organize and host the youth exchange project

## KA1 'The Power of Sensory Language: HELPing DISabled People' HELPDIS

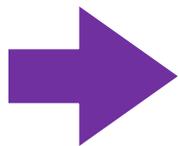
**N° 2019-1-ES02-KA105-012808**

**From the 16<sup>th</sup> to the 20<sup>th</sup> of September 2019**

This project will be held in Madrid, Spain and it is funded by the Spanish National Agency of the Erasmus + Program and will bring together **48 young people from 6 different countries**: France, Greece, Italy, Lithuania, Romania and Spain, aged between 18 and 30 years.

If you are a participant of this event or a contact person for this project, please join the Facebook group:

(ATTENTION! You should post ONLY information that concern the youth exchange on the wall of this group.  
The Spanish NA will have a look at the group page when receiving the final report of this project.)



## About the project

The main idea of this project is focused **on the importance of languages and disability in the society, since there are plenty of ways to communicate something, especially for those who can't see, talk or listen**. So, the aim of this Youth Exchange is to promote features and utilization of the three different kinds of language, oral, written and artificial among the participants in order to help them to communicate each other in many ways.

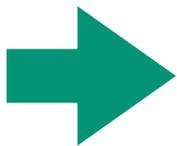
The objectives of this project are the following ones:

- > Encourage the **active inclusion of people with disabilities**, highlighting the importance of human rights and inviting participants from the rest of the countries that present a lack to be able to attend the exchange;
- > Acquire experience in supporting young people so that they **develop skills in communication** in a different language and in intercultural communication
- > Develop new methods to combat young people's early school failure and reach their academic potential, **helping them to gain self-confidence and motivate themselves to continue studying** and developing students' understanding of the interrelated nature of language, culture and learning communication;
- > Following the European Disability Strategy 2010-2020 of the European Commission, we want to benefit people with disabilities, **eliminating the obstacles of equality and enjoying all activities equally**, fighting against this current discrimination and reaching an equality of opportunities;

- > Increase the skills of young people in terms of **employment and entrepreneurship** through volunteering activities inside and outside their communities, thanks to the help that will be given to them over all types of languages;
- > Living with language deficiencies so that participants are **aware of how valuable the senses are** (sight, hearing, taste, smell and touch), also appreciating the luck of being able to read and write, a quality that not all world have;
- > **Learn a new method of conflict resolution** during a mobility project and intercultural learning contexts

We've organized a series of activities, all related to the world of Recycling that will be realized in a recreational environment, open spaces and outdoor places; all of them connected with the non-formal education of young people.

HAVE A LOOK AT <https://ka1helpdis.wordpress.com/>

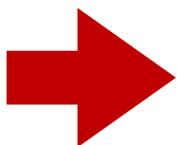


## About the venue

Madrid is a **very open city** that attracts a lot of people from outside, **its great ambiente**, the always crowded streets and squares, terraces and bars have made it one of the most exciting cities across Europe. This trend leads from the Eighties with the so-called "**Movida**", living day and night any day of the week.

Madrid is also **home to the greatest museums** in Spain, first of all the Prado Museum, considered the largest art gallery in the world and for many experts also the place with more masterpieces per square meter, next to it you can find the Reina Sofia Museum and the Thyssen Bornemisza, and together they form the named Art Triangle. Walking through the animated Gran Vía Street, the Plaza Mayor, the Royal Palace or the Debod Temple, they make it inimitable!

Besides, Madrid is one of the **most liveable cities in the world**, being the safest of Spain.



## Accommodation

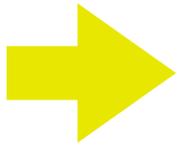
The youth exchange activities will take place in the right city centre of Madrid and its participants will be accommodated in the comfortable LAS MUSAS Hostel of the City Centre District:

<http://www.lasmusashostel.com/>

Hostal Las Musas is located in the right city centre of Madrid and all the activities will be made by foot as everything is close! The area is full of shops, bars and lively marketplaces.



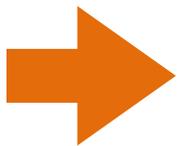
Rooms: Rooms of 2, 3, 4 and 8 beds with private or shared bathroom. Each room has a wardrobe for each person and Air-Conditioning. There is Free-Wifi in the entire structure, a big kitchen, a lot of common areas, a fantastic terrace with views of Madrid. It has also facilities adapted.



## How to get there

If you arrive at Madrid-Barajas Airport on **16/09/2019**: As soon as you take your ticket inform the hosting organization about your arrival time, and if it is an electronic ticket, forward it by e-mail to [ka1helpdis@madforeurope.org](mailto:ka1helpdis@madforeurope.org). After receiving all the travel tickets and the arrival times we will inform you about the transfers!

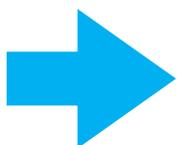
If you arrive before **16/09/2019**: You will have to get to the Hostel by yourself on 16/09/2019. Anyway, as soon as you take your ticket inform the hosting organization about your arrival time, and if it is an electronic ticket, forward it by e-mail.



## Health and Travel Insurance

Health insurance is not provided. All participants are strongly advised to take private health or travel insurance individually.

**EUROPEAN HEALTH INSURANCE CARD.** The European Health Card is accepted in every country of the European Union. If you don't have it, you can get it easily. You should go to the office recharged with health affairs, and ask for your European Health Card. It's a little blue plastic card, and you can get it for free. It's valid in every EU country for 1 year. Or any other insurance is welcome.



## Travel costs reimbursement

As you know this project is co-funded by the Spanish NA of the European Commission, which means we can only partially cover your travel expenses. For this project we will be able to cover expenses only up to the following limit:

Country	Budget
SPAIN	0€
FRANCE	275,00€
GREECE	360,00€
ITALY	275,00€
LITHUANIA	360,00€
ROMANIA	360,00€

*(If paid expenses for your travel are less than this amount, you will be reimbursed only up to the total amount of your travel tickets)*

**After consulting our contact person within the National Agency, Reimbursement of travel costs will only be done upon full attendance of the exchange programme and presentation of the original tickets with boarding passes and all receipt/invoices.**

Reimbursement will be done in EURO, regardless of the currency indicated on your ticket and receipt/invoice.

**!! Note:** Please note if you bought your ticket in your local currency, which might be different than EUR, we will calculate your travel costs according to the exchange rates from official European Commission web-site for the month of ticket purchase

[http://ec.europa.eu/budget/contracts\\_grants/info\\_contracts/inforeuro/index\\_en.cfm](http://ec.europa.eu/budget/contracts_grants/info_contracts/inforeuro/index_en.cfm)

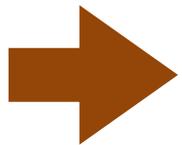
**!! Note:** Please make the copies of your pass board, tickets and invoices before you come to the training.

In order for us to reimburse you must provide us with:

**1. The original invoice of the flight ticket** with clear mark of how much you have paid (If it is an electronic ticket, print the booking confirmation e-mail or print an electronic ticket from the Web site of the flight company or a travel agency), original train/bus or any other tickets (You must take your return train/bus ticket before the exchange starts in order to be reimbursed just after. Otherwise you will be reimbursed once you send your return tickets to MAD for Europe);

2. If you travel by plane, **ALL (!) the Boarding Passes <-- VERY IMPORTANT**

3. We need a photocopy of your I.D. **<-- VERY IMPORTANT**



## Cultural events

Have you ever heard about Intercultural events? Country presentations? Well, in order for us to get know each other better and, most of all, to discover more about our different countries, we will set up cultural events to celebrate our diversity.

This means we will have **6 cultural events** (each of them dedicated to one project participant country) to present some characteristics of our country and culture, which we find relevant to present to others.

We are talking about food, music, dancing, drinks, images, videos, maps, etc. that may allow us to find out more about your country.

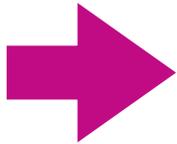
So please don't forget to bring **your flag** and other things that may allow us to see, listen or taste your culture (**typical food, drinks CD or pendrives with music typical for your country, quiz about your country, pictures, maps, and brochures about your country**).

### 2- WHAT ELSE TO BRING

- Sneakers and comfortable clothes for the open-air activities that are in the timetable;
- Blankets, sheets and pillows are provided at the hostels but **the bathroom towels and tea towels are not**. So, please bring your own towels. If you want, you can bring a padlock for the wardrobe or rent one at the hostel for 3€.
- Cameras, laptops and other equipment making life and work easier (free Wi-Fi connection is available at the hostel).
- Good mood and open mind! 😊

### 3- ADDITIONAL INFORMATION

Please feel free to ask organizers any additional questions through Facebook or at [ka1helpdis@madforeurope.org](mailto:ka1helpdis@madforeurope.org)



## Useful contacts

### Project coordinating organization



#### **MAD for Europe – Cultural Services and International Mobility:**

Address: Calle Santa Engracia, 17, 28010 Spain

Tel.: +34 629 14 36 36

E-mail: <https://ka1helpdis.wordpress.com/>

Web site: [www.madforeurope.org](http://www.madforeurope.org)



### Accommodation where the youth exchange takes place



#### **Hostal Las Musas**

Address: Calle Jesús y Maria 12, 28012 Madrid, Spain

Tel: +34 91 539 49 84

Website: [www.lasmusashostel.com](http://www.lasmusashostel.com)

# Looking forward to meeting you all in Madrid!

