

KA1 HELPDIS

'The Power of Sensory Language: HELPing DISabled People'

N° 2019-1-ES02-KA105-012808

Madrid, SPAIN - from the 16th to the 20th of September 2019

	MONDAY 16th SEPTEMBER
<i>ALL DAY</i>	<p>ARRIVAL DAY Arrival of participants – Two volunteers of MAD for Europe Organization will wait for the participants at the Accommodation reception desk, give them the badge with their names and the folders, distribute them in rooms, etc.</p>
20.00	PLENARY PRESENTATION OF THE GROUPS <i>Ice Breakers/Presentation Games</i>
20:30	Welcome Party. SPANISH Cultural Evening and Dinner
	TUESDAY 17th SEPTEMBER
08.30 – 09.30	<i>BREAKFAST</i>
09.30 – 10.00	Energizer - Self Introductions different "name-games" (30 min)
10.00 – 10.30	Presentation of the project in the context of Erasmus + Programme - goals, objectives and methodology; Q&A session, discussions
10:30 – 11:30	Introduction of the participants - Group leaders will present in 5-10 minutes their organization and local communities they are working in. Then participants will present themselves using the "personal shield" (60 min)
11:30 – 12:00	<p>"SPEED DATE": this activity follows the basic principle of a normal speed date. All the participants will be asked to organize themselves in two rows so that each one has a partner in front of him; When the signal is given, each pair of participants will have 2-3 minutes to introduce themselves and collect as much information as possible about the person in front of them. After this time, the participants will move to the right to rotate and allow everyone to talk to everyone. The activity ends once the first person with whom you have spoken is again in front of them: they have to tell this person what they remember about him/her. (Hostal Meeting Room, 30 minutes)</p>

12:00 – 13:00	"SMELL AND GUESS" (Theme: smell): Each participating country will be responsible for bringing from its country a typical and characteristic food (a spice, a fruit, a vegetable, etc.) that others should recognize only using the sense of smell and taste, without touching them nor see them. They will be divided by teams by countries and, forming a circle, everyone will put a blindfold on their eyes. The protagonist country will put the food in front of them and they will have to guess what it is made of. All the countries will do it. (Dinning Room of the Hostel, 60 min)
13.00	ITALIAN Cultural Lunch <i>prepared by participants</i>
15:30 – 16:00	Workshop on the creation of the Web site and the Blog Workshops in small groups: work on the content of the Web site
16.00 – 17.00	"TABOO": In this activity, the participants will be divided into teams. Each participant will write on a paper two words and they will put it in a box in the centre. There will be two rounds: in the first, each participant will have to take a paper and read the word in a low voice and try to explain it to their team but without saying what it says. The more words answered in a minute, the better. Once that round is over, participants will put these papers back in the box and this time they will take one but they will only be able to say a related word, and that will be enough for everyone to relate what they have heard before. (Plaza de la Cebada, 60 minutes).
17.30 – 18.30	Fears and expectations, rules (60 min) Each participant will receive post-its (yellow and blue) and they will write their expectations on the yellow post-its and their fears on the blue ones (as many as they want). They will stick them on two different walls in the meeting room. We will check daily in what measure their expectations were met and their fears were avoided For establishing the rules we will have a brainstorming. For making the exercise more amusing we will put more flipchart paper on the floor, ask a volunteer to lay down on the papers and draw the contour of his/her body on the papers. Then we will write inside the border what we are allowed to do and outside the border what we are not allowed. The rules will be also stuck on a wall such as they will be visible during the whole youth exchange.
19:00 – 19.30	Walking tour of Madrid with an expert guide Q&A session, discussions Visit the Terraza de Callao and its spectacular terrace. Leisure time in the terrace with the best views of Madrid, MUST shooting. (30 min)
19.45 – 20.00	<i>"How do I feel today?" Reflection Groups and Learning Journal (15 min)</i>
20.00	GREEK Cultural Evening and Dinner
	<u>WEDNESDAY 18th SEPTEMBER</u>
08.30 – 09.30	<i>BREAKFAST</i>
09.30 – 10.00	Ice breakers and oral evaluation of previous day

10.00 - 12.00	"GYMKHANA OF LANGUAGES" (Theme: languages): divided into mixed groups, participants will have to solve some clues to reach the next stage in the gymkhana game; each track will be written in a different language so they will have to help each other to know the meaning of the clues. The game will be made in the Retiro Park in Madrid and will consist of distributing numerous tracks that are hidden in the park. The first team to guess all and in less time, will receive a prize. (Retiro Park, 120 min)
13.00	PAQUET LUNCH <i>prepared by MAD FOR EUROPE</i>
14:30 – 15:00	EUROPE - a short quiz. How is the EU relevant to us? EUROPEAN INSTITUTIONS Who does what in Europe?
15.30 – 16:30	"GUESS, GUESS" (Theme: Mime): The participants will form teams divided by countries; each of the groups will have to choose a film, a song and a literary work that are characteristic of their country, to present them to the other participants through mime. During the performance they can interact with each other and also involve the rest of the participants in the audience, so that others can guess what they want to represent, but without talking, only mimics. (Plaza de la Paja, 60 minutes)
17.00 – 18:00	"COVER YOUR EYES" (Theme: sight): Blindfolded, the participants will speak without being able to see each other and will have to guess, depending on the tone of voice and what the speaker says, who is the person they are talking to. (Jardín de las Vistillas, 60 minutes)
19:00 – 19:30	Group Energizers
19.45 – 20.00	<i>"How do I feel today?" Reflection Groups and Learning Journal</i>
20.00	ROMANIAN Cultural Evening and Dinner
	<u>THURSDAY 19th SEPTEMBER</u>
08.30 – 09.30	<i>BREAKFAST</i>
09.30 – 10.00	Ice breakers and evaluation of previous day (30 min)
10.00– 12.00	"VIEWING MADRID" (Theme: Sight): In this activity, the sense of sight will be strengthened since it will consist in a tour of the centre of Madrid (Plaza Mayor, Royal Palace, Puerta del Sol ...), and all participants will be able to observe carefully the monuments and emblematic sites and know the history of Madrid. They will have to take pictures of the city and show them later to the rest of participants. (Madrid City Centre, 120 min)
12:00 – 13:00	"PHOTOGRAPHING CULTURES": This activity allows participants to unleash their creativity and present to the rest of participants from other countries some characteristic aspects of their culture. The groups will be divided by countries and each one will have the task of taking one or more photos that represent something typical of their culture, having in mind that everybody knows that different cultures have different habits in the way of interacting with others and communicating through of facial expressions and / or gestures. (Madrid City Centre, 60 minutes)
13:00	LITHUANIAN Cultural Lunch <i>prepared by participants</i>
	"PAINT YOUR T-SHIRT": On the last day of the exchange, each participant will have to wear a white t-shirt; each one will be given a colored marker to write a dedication on the t-shirt of

15.00 – 16.00	the rest of participants. They can choose between writing in their own language or in another one and, at the end of the activity, each one will have another indelible memory of the exchange. (Retiro Park, 60 min)
16:00 – 18:00	"LANGUAGE FLASHMOB": wearing the white t-shirts in which friends have written their dedications, a final flashmob that will contain the different types and language channels used during the exchange will be made in an open space. All the languages of the participants will be used, as well as the sign language / mimicry. Everything will be documented for the realization of a final video that will be published on social networks and disseminated in the countries of the participants. The implementation in an open space will allow the participation of citizens. (Retiro Park, 120 min)
18:30 – 19.00	Press conference and Radio Interview RADIO M21 (30 mins)
20:00 – 20:30	"DEAR FRIEND" (Theme: writing): after writing all the names of the participants on a paper and putting them in a box, each one of them will take one (which does not belong to the group in their own country) and will become the invisible friend of the person whose name it is the one that is taken out. To the friend who does not suspect, each participant must write a letter / postcard in the other language; For this, you can use translators, dictionaries or, better yet, request the help of your colleagues from a foreign country. At the end of the exchange, everyone will receive a letter and take it home as a souvenir. (Hostel Hall, 60 min)
20.30 – 21.00	<i>Final Evaluation of the Project and of the Youth Exchange</i>
21.00	FRENCH Cultural Evening and Dinner
22.00	FAREWELL FESTIVITY: YOUTH PASS CERTIFICATES
	<u>FRIDAY 20th JUNE</u>
08.30 – 09.30	<i>BREAKFAST</i>
ALL DAY	DEPARTURES OF PARTICIPANTS

PARTNERS SPECIFIC TASKS:

- > Coordination of all the activities – **SPAIN**
- > Evaluation and monitoring – **ITALY**
- > Ice-breakers – **GREECE**
- > Photo & Video (final video) – **FRANCE**
- > Coordinate "FEARS AND EXPECTATIONS" and put every day each program in the doors – **LITHUANIA**
- > Coordinate the "LANGUAGE FLASHMOB" with MAD for Europe - **ROMANIA**